

Wellness & Yoga weekend in Marseille

3 days / 2 nights in 5* hotel

Friday, September 13: Arrival in Marseille

Arrive at Marseille Saint-Charles TGV station in the early afternoon.

Our driver will be waiting to take you to the hotel we have booked for you for 2 nights.







You'll be staying in a magnificent 5* hotel with a Green Key label.

Your hotel is located just 200 meters from Marseille's Vieux Port, in a central, historic district undergoing a complete renaissance. It's a 19th-century mansion where antique ornaments blend with contemporary touches.

Intimate, it features 20 rooms opening onto a pleasant interior garden and a soothing, singular Spa with a pool dug into the walls. This afternoon, we're planning a walking tour of Marseille, including the area around the Basilique Notre-Dame de la Garde, known here as "La Bonne Mère". Eric, your enthusiastic guide, will share many secrets and anecdotes with you, some of which even the Marseillais don't know.

Return to the hotel for a visit to the wellness area, a glass of champagne in the garden lounges, and fresh produce orchestrated on a country-style plank.

Overnight in a Prestige room in your magnificent hotel.





Saturday, September 14: Yoga in the air, fitness and panoramic views

Enjoy a hearty breakfast at the hotel, then digest before heading off to your yoga session suspended in the air. This surprising practice will introduce you to a new way of practicing yoga, accessible to all levels.



Return to the hotel to freshen up, before heading off to one of the restaurants you've chosen from our selection. We'll be happy to recommend restaurants featuring Mediterranean specialties cooked with wholesome locavore produce.

This afternoon will be dedicated to well-being and massage, in the heart of your magnificent hotel.

You'll have the chance to relax and pamper yourself.

At the end of the afternoon, enjoy a glass of champagne in the hotel garden.







We've then booked you a table in one of the restaurants with one of the most beautiful terraces in Marseille - the Wouahooou effect is guaranteed!

You'll enjoy fresh, carefully-presented dishes and an incredible view of Marseille. Overnight in a Prestige room in your magnificent hotel.

Sunday, September 15: Massage and confidential island

A hearty breakfast at the hotel, followed by a 60-minute wellness and body sculpting session per person.

Now you're perfectly relaxed, ready for a confidential experience: lunch on an island in the magnificent Bay of Marseille.





The restaurant offers Mediterranean-style cuisine, with a focus on seasonal produce and local artisans. Signature dishes can be shared with a carefully selected wine list.

Back on terra firma, where your driver will be waiting with your luggage to take you to the Marseille Saint-Charles train station for your return home.



This weekend can be the start of a longer stay.

We offer numerous possibilities for extensions on the theme of Well-being, particularly in the Provencal hinterland (personalized quotation on request).





Price: €1,190 NET per person based on double occupancy without transport

The price includes:

2 nights in a Prestige Room in a 5* hotel in the heart of Marseille

- 2 breakfasts at the hotel
- 1 bottle of champagne in your room on arrival
- 1 dinner at the hotel on the day of arrival
- 2 days' access to the hotel's wellness area
- 2 60-minute body sculpting treatments per person
- Transfers from the train station to the hotel and back in a Premium Sedan

Guided tour of Marseille

1-hour yoga session in the air

Boat shuttle to the island for Sunday lunch

The price does not include:

2 lunches Saturday evening dinner Anything not mentioned in "price includes".







